



Personalized Protein Powder

For Increased Hunger Control & Energy

NET WT 12.7 OZ (360g)

FORMULA

3

Nutrition Facts

Serving Size: 1 Tablespoon (6 g)
Servings Per Container: 60

Amount Per Serving

Calories 20 Calories from Fat 0

	% Daily Value*
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Cholesterol 0 mg	0%
Sodium 44 mg	2%
Potassium 39 mg	1%
Total Carbohydrate 0 g	0%
Dietary Fiber 0 g	0%
Sugars 0 g	0%
Protein 5 g	10%

% Daily Value*

Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less Than	65 g	80 g
Sat. Fat	Less Than	20 g	25 g
Cholesterol	Less Than	300 mg	300 mg
Sodium	Less Than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrates		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:

Fat 9 • Carbohydrates 4 • Protein 4

Ingredients: Soy protein isolate, whey protein concentrate, natural flavor and silicon dioxide.

Personalized Protein Powder • Proprietary Protein Blend
Now you can get high-quality, non-fat protein to help keep you from getting hungry and assist with your weight loss, fitness and health goals. Personalized Protein Powder is a convenient way to increase your protein consumption which helps to maintain your energy level between meals and helps you to maintain lean muscle mass.

DIRECTIONS: One tablespoon (one serving) supplies 5 grams of protein. Take 1 to 4 servings daily. This plain, unsweetened formula can be added to your Formula 1 Shake or stirred into other foods and beverages, including cereal, yogurt, sauces and soups.

INSTRUCCIONES: Una cucharada sobera rasa provee 5 gramos (una porción) de proteína. Tome de 1 a 4 porciones al día. Esta fórmula de sabor natural sin edulcorantes puede agregarse a su licuado Formula 1 o puede ser mezclada con otras comidas o bebidas tales como cereal, yogurt, salsas y sopas.

For Best Results: Women should add 1 to 2 tablespoons (10 grams of protein) of Personalized Protein Powder to each ShapeWorks™ Formula 1 Shake, and men should add 1 to 3 tablespoons (15 grams of protein) to further support weight loss. We offer a **30-day money-back guarantee** to assure your complete satisfaction. This exclusively formulated product is only available through Herbalife Independent Distributors.